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Personal Summary

Unlike many people who have completed medical school, I did not know from a young age that I wanted to be a doctor. After enrolling to a medical college, I gradually realized that medicine would give me the opportunity to serve others, work with the resilience of the human body, teach, lead, and advocate for those who need a strong guide and role model. By the end of my MBBS course in 2009 from Thiruvananthapuram Medical College it became clear to me that Paediatrics is the natural carrier for me because it provides me to work with people whose energy ignites my spirit. Paediatrics gives me the determination to think through problems, energy to solve it and a curiosity to learn. As a part of it, I completed three years Master Degree training in Paediatrics from Shri BM Patil Medical College in 2015. In order to enhance my knowledge and test my skills I started preparing for RCPCH membership and enrolled as a member in 2019. During the time I understood more about NHS and its key principles. As like many other doctors I also developed the strong desire to become a part of it and to experience its core values. My dream of pursuing a carrier in UK started taking shape when I joined a NHS Trust in 2020. It was an enormous shift and a struggled initially in adjusting to new system. But slowly I got acclimatised to NHS and started enjoying my job. I was also lucky enough to secure PGPN from USA in 2017 and DCH from UK in 2019. I have also done multiple research works and published paper on it.

As a doctor I have understood the importance of quality of patient care as compared to quantity of patient care. Adding to it I have learned the concept of treating the child and disease as a single unit rather than two different entities. I am currently involved in community paediatrics in UK and working towards to become a part time medical examiner/coroner.